

Iconic Women of the American West

Patricia Mabin, founder of Pemmican Patty Food Company in North Dakota

Patricia Mabin is the founder of [Pemmican Patty Food Company](#), a Native American-owned company in [North Dakota](#). Its goal is to support healthy lifestyles, preserving the Metis and Ojibway traditions.

Growing up outside **of the Turtle Mountain Indian Reservation**, she felt disconnected from her culture and longed to reconnect with her roots and share them with others. After toiling her entire life with low-paying jobs, she wanted something more meaningful that honored her mother's advice to be proud of her Native American heritage and Metis.

Pemmican Patty's food products are inspired by family tradition, the native lifestyle of her grandparents and ancestors; It is the desire to revive the glory of *pemmican*, a food that has sustained its people for centuries and has almost disappeared like bison. The products use natural ingredients that reflect its culture and history, such as maple water, bison, and berries. They also tell a story of traditional ways and values, such as community, food sovereignty, and pride in its heritage.